Always remember —
VICTIMS OF DOMESTIC VIOLENCE OFTEN ARE IN THE GREATEST DANGER WHEN THEY LEAVE A BATTERER.

A Checklist: What You Need To Take When You Leave

Identification
- Driver’s license
- Children’s birth certificates
- Your birth certificate
- Social Security cards
- Welfare identification

Financial
- Money and/or credit cards
- Bank books
- Checkbooks

Legal papers
- YOUR PROTECTIVE ORDER (keep with you at all times)
- Lease, rental agreement, house deed
- Car title, registration & insurance papers
- Health and life insurance papers
- Medical records for you and children
- School records
- Work permits/Green card/VISA
- Passport
- Divorce & custody papers; marriage license
- Pre-trial bond release papers

Other
- House and car keys
- Medications
- Jewelry
- Address book
- Pictures of you, children and the abuser
- Children’s small toys
- Toiletries/diapers
- Change of clothes for you and your kids
- Social Security numbers for all family members

FAYETTE COUNTY
EMERGENCY RESOURCES (24HRS)

Division of Police ............................................. 911 or 258-3800
Bluegrass Domestic Violence Program* .......... 1-800-544-2022
District Court Clerk - Protective Orders
Weekdays ............................................................. 246-2248
After Hours & Weekends ................................. 246-2228
Sheriff’s Office ...................................................... 252-1771

OTHER COMMUNITY RESOURCES

Adult Probation .................................................... 425-2680
Bluegrass Rape Crisis Center* ..................... 1-800-556-4673
Brenda Cowan Coalition for KY, Inc. .......... 276-4457
Chrysalis House* .................................................. 243-0972
Commonwealth Attorney’s Office ................. 246-2060
County Attorney’s Office ............................... 254-4941
Department for Community Based Services .... 245-5258
Detention Center (Jail) ................................. 245-2700
Health/Human Services Information* ............. 211
Legal Aid of the Bluegrass* ............................... 233-4556
The Nest-Center for Women, Children & Families* .. 259-1974
Office of the Friend of the Court ............... 246-2222
Sheriff’s Office (Safety Planning, Domestic Violence Order
monitoring, and Offender Treatment Information) ............... 252-1771
Sunflower Kids Supervised Visitation ............ 268-0487
Parents’ Information Line ................... 1-800-244-5373
State Probation & Parole ............................. 246-2177
U.K. Police Department .............................. 257-1616
U.K. Targeted Assessment Program .............. 245-5109
U.K. Violence Intervention and Prevention Center ... 257-3574
Victim Notification (VINE):
Offender’s Release from Jail/Prison............... 1-800-511-1670
VINE Protective Order ............................... 1-800-511-1670
Domestic Violence Prevention Board* ........... 258-3803

Asterisk (*) indicates an United Way Agency

In an emergency, you can board any LexTran bus and ask for a ride to safe shelter.

To obtain free brochures for your office, business or organization please call the Domestic Violence Prevention Board at 258-3803.

Sponsored by:
Lexington-Fayette Urban County Government
Lexington Division of Police
Domestic Violence Prevention Board

Funds Provided By:
Kentucky Justice Cabinet
VAWA Grant 2010-LFUCG St-00166

Domestic Violence
Personal Safety Plan
You Have A Right To Be Safe
Safety During an Explosive Incident

✓ If an argument seems unavoidable, try to have it in a room or area where you have access to an exit. Try to stay away from the bathroom, kitchen, bedroom or anywhere else where weapons might be available.
✓ Practice how to get out of your home safely. Identify which doors, windows, elevator, or stairwell would be best.
✓ Have a packed bag ready and keep it at a relative or friend’s home in order to leave quickly.
✓ Identify one or more neighbors you can tell about or friend’s home in order to leave quickly.
✓ Inform employers, family, friends, neighbors and your physician that you have a protective order in effect.
✓ Have a copy to a trusted neighbor or family member. Be sure to give a copy to your children’s school or child care facility.
✓ Call the police if the person you filed the order against breaks the protective order or if you are uncertain whether or not it has been violated.
✓ Devise a codeword to use with your children, family, friends and neighbors when you need the police.
✓ Decide and plan for where you will go if you have to leave home (even if you don’t think you will need to).
✓ Use your instincts and judgment. If the situation is very dangerous, consider giving the person you fear what he wants to calm him down. You have the right to protect yourself until you are out of danger.

Always remember—
YOU DON’T DESERVE TO BE CONTROLLED, THREATENED, OR HURT EMOTIONALLY, PHYSICALLY OR SEXUALLY!

Safety With A Protective Order

✓ If you or your children have been threatened or assaulted you can request a protective order from Fayette District Court at 150 N. Limestone. You may request a protective order 24 hours a day, 7 days a week. Among other things you may obtain temporary custody, an order for no contact, and/or an order for a stalker to vacate the home.
✓ Keep your protective order on you at all times. Give a copy to a trusted neighbor or family member. Be sure to protect your independence. Remember to change passwords on accounts to restrict access.
✓ Ensure your windows.
✓ Decide which people at work you will inform of your situation. This should include office or building security. Provide a picture of the batterer if possible.
✓ Arrange to have an answering machine, caller ID, or a trusted friend or relative screen your calls, if possible.
✓ Decide a safety plan for when you leave work. Have someone escort you to your vehicle and wait with you until you are safely on your way. Use a variety of routes to go home. Think about what you should do if something happened while going home (e.g., in your car, on the bus).
✓ Call the police if the person you filed the order against breaks the protective order or if you are uncertain whether or not it has been violated.
✓ Inform employers, family, friends, neighbors and your physician that you have a protective order in effect.
✓ Keep your protective order on you at all times. Give a copy to a trusted neighbor or family member. Be sure to give a copy to your children’s school or child care facility.
✓ Call the police if the person you filed the order against breaks the protective order or if you are uncertain whether or not it has been violated.
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